

Aitkin County SHIP Program

Partnership News!

MARCH 2023

SHIP Website

Community Partner
Awards

Resources

Healthy Northland Website



Aitkin Demonstration Project - April 2023

Have you noticed a safety concern when crossing the intersection of Trunk Hwy. 169/Minnesota Avenue and 1st Street SW? Or trying to walk along Hwy 169 from 1st Street SW toward 3rd Street SW?

The City of Aitkin is set to launch a short-term, low-cost demonstration project at the intersection of Hwy. 169 and 1st Street SW in addition to along the west side of Hwy. 169 toward 3rd Street SW. The project will allow members of the public to try out potential street changes designed to improve safety and enhance the community. The pilot will start in April and end in October (weather dependent). This demonstration offers an opportunity to collect public input regarding street improvements using temporary materials before investing in longer-term

solutions. Changes will be evaluated during the project to consider project impacts. There are many ways for you to get involved. Residents and visitors are invited to come and try the demonstration while it is installed.

Funding for the demonstration project and contract with Alta Planning and Design is provided by the Building Resilient Inclusive Communities (BRIC) Grant with Aitkin County CARE, Aitkin County Public Health's Statewide Health Improvement Partnership (SHIP), and The City of Aitkin. Chief Paul Ryan shares, "The City of Aitkin is committed to making city streets accessible and safe by all users whether by bike, by foot, by car, so we will continue to use the materials to pilot short term projects that can inform long-term decisions when MnDOT reconstructs Hwy. 169 in 2030."

This project has been planned by the Aitkin Improving Safety and Active Transportation Coalition which includes: Growth Innovations, Aitkin County CARE, City of Aitkin, Aitkin Police Department, Toward Zero Death, Aitkin County Public Health, MnDOT, Aitkin County CARE, Arrowhead Regional Development Commission and Aitkin County Highway Department (Engineer) through the Statewide Health Improvement Partnership (SHIP) Program.

Follow the project on Facebook! (City of Aitkin and Aitkin County Public Health Education) More updates and information to come.

To learn more about this project visit the **Aitkin County SHIP Website!**

UPCOMING AITKIN COUNTY CARE EVENT

Happy News! Our friends with Aitkin County CARE welcome you to participate in their upcoming virtual Remember Project event on Thursday, April 20th, from 1-3 pm CST.

Participate virtually from home or office, or attend one of SIX in-person viewing sites located throughout Aitkin County.

In the play, through 12 short scenes, this short play takes you on a one-year journey with Tim and Amanda in their car, bearing witness to the early progression of dementia.

Following the play, participate in a facilitated conversation to learn more and increase your awareness about brain health and dementia.

Register Here

Aitkin County CARE is receiving a Statewide Health Improvement Partnership BOLD (Building Our Largest Dementia Infrastructure) Grant from the Minnesota Department of Health. With grant funding, CARE is able to host The Remember Me Project One Act Plays.



RIVERWOOD RECEIVES GUSNIP GRANT

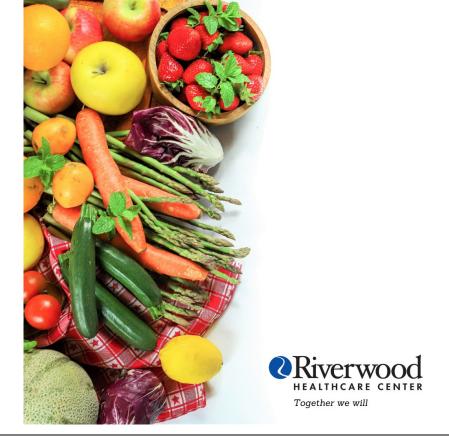
Riverwood Healthcare Center is one of two rural healthcare systems selected by the Minnesota Department of Health (MDH) for a three-year U.S. Department of Agriculture (USDA) grant to implement a pilot program to improve dietary health, reduce food insecurity, health care use and costs for populations within their communities.

Under this USDA grant, Riverwood will partner with Aitkin County Public Health's Statewide Health Improvement Partnership (SHIP) program to design a pilot produce program tailored to specific community needs and resources. The goal of the program is to demonstrate the impact of food prescriptions through increased consumption of fresh fruits and vegetables.

"This is exciting to be one of two rural healthcare organizations to have been chosen. As a result of receiving this grant, Riverwood patients that qualify will greatly benefit from healthy fruits and vegetables", reports Dan Schletty, Director of Ambulatory Services at Riverwood.

More to come on this innovative initiative after implementation plans are developed in the next few months.

#riverwoodhealthcarecenter #aitkincountypublichealth #SHIP #mnhealth



COMMUNITY PARTNER AWARDS

Congratulations to the following recipients!



Aitkin School District

Applied to receive a community partner award to help fund small coolers for both their share tables at Rippleside Elementary and Aitkin High School.

Share tables are an effort to reduce the amount of food waste



Aitkin County CARE

Applied to receive a community partner award to help fund Power of Produce (PoP) coupons for seniors!

Participants will receive \$2 coupons at each market day to spend on local and fresh produce

at the Aitkin Farmers' Market

in schools. Children place unconsumed food and beverage items that they have chosen not to eat or drink on the share table. This provides other children the opportunity to take additional helpings of food or beverages at no additional cost.

FUNDING STILL AVAILABLE!









2023 Community **Partner Awards** Now Available!

Aitkin County Public Health's Statewide Health Improvement Partnership (SHIP) Program is pleased to announce a Community Partner Award opportunity in 2023. Funding is intended to support the implementation of action plans that create sustainable policy, system and/or environment (PSE) changes that expand opportunities for healthy eating, breastfeeding, physical activity, tobacco-free living and well-being. To be eligible, your organization must serve Aitkin



PREVIOUS PROJECTS FUNDED





AITKIN CITY PARK MATERIALS PURCHASED







The Statewide Health Improvement Partnership, often called SHIP, supports community-driven solutions to expand opportunities for active living, healthy eating, and tobacco prevention. A primary goal of this collaboration is to prevent chronic diseases before they start. A few things have changed this year — we no longer call them grants and instead call them partner awards.

Funding is intended to support the implementation of action plans that create sustainable policy, system and/or environment (PSE) changes that expand opportunities for healthy eating, breastfeeding, physical activity, tobacco-free living and wellbeing. To be eligible, your organization must serve Aitkin County.

Community Partner Award Instructions

Community Partner Award Application (word)

Community Partner Award (PDF)

Community Partner Award Budget Proposal

SHIP PSE MDH **Document**

Contact:

Please direct all correspondence to the contact information provided below.

Hannah Colby, RD, LD, CLS Registered Dietitian Health Educator Aitkin County Public Health ((218) 927-7271 hannah.colby@co.aitkin.mn.us





*Supported by the Statewide Health Improvement Partnership, Minnesota Department of Health

2023

Aitkin County Health and Human Services

Community Partner Funding Application

Section 1: Applicant Information

	Date	
	Organization Name	
	Street Address	
	Mailing Address if different	
	City, State, Zip Code	
	County	
	Primary Contact	
	Phone	
	Email	
	Financial Contact	
	Phone	
	Email	
	Information provided in this application may be used for promotional materials. This includes, but is not limited to: fact sheets. Minnesota Department of Health reports, newsletters, social media posts, and media releases. Additional information may be requested by Sherburne County staff; e.g. a release might be requested for individuals in photographs.	

☐ By checking this box, you acknowledge and accept the

Which project area are you applying under? Select only one. (Your organization may apply for both a MN Well-being grant and one of the following: MN Eats, MN Moves or MN Commercial Tobacco Free grant. If choosing to do so, you must submit a separate application for each project.)

- ☐ MN Eats☐ MN Moves

- MN Commercial Tobacco Free (CTF)
 MN Well-Being

statement above.

Aitkin County SHIP Program | 204 1st Street NW, Aitkin, MN 56431

Unsubscribe hannah.colby@co.aitkin.mn.us Update Profile | Constant Contact Data Notice Sent byhannah.colby@co.aitkin.mn.uspowered by



Try email marketing for free today!