



Aitkin County Public Health

PartnerSHIP News!

June 2024

Aitkin County SHIP Website

Resources

Healthy Northland Website



Aitkin, Itasca, Koochiching, Carlton, Cook, Lake, and St. Louis counties make up Healthy Northland.

Supported by the Minnesota Department of Health's Statewide Health Improvement Partnership (SHIP), Healthy Northland strives to make the healthy choice the easy choice for everyone in Northeastern Minnesota through collaborative and community-based policy, systems, and environmental (PSE) change efforts.

Read Healthy Northland's May Newsletter!

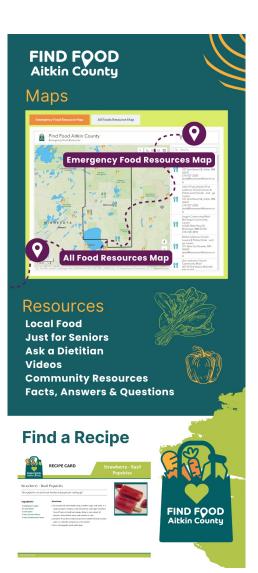
FIND FOOD Aitkin County

Available on July 8th

FindFoodAitkinCounty.org is a guide to help find groceries, serving all who need food. Serves as a one stop shop for people to learn about food access in Aitkin County and neighboring areas.

Local Food Champions: University of Minnesota Extension, Minnesota Institution of Sustainable Agriculture, Clear Lake Gardens, Aitkin Farmers Market Hub, AliCat Farm, Aitkin County Public Health via SHIP and Riverwood Healthcare Center.







Do you have kids? Are you a senior? Power of Produce Coupons are now available at the Aitkin Farmers Market!



2024 COMMUNITY PARNTER AWARDS APPLY NOW!

www.aitkincountyship.org

Aitkin County Health and Human Services

2024 **Community Partner Funding Application**

Section 1: Applicant Information

Contact:	Date	
Please direct all correspondence to the	Organization Name	
contact information provided below.	Street Address	
Hannah Colby, RD, LD, CLS	Mailing Address if different	
Registered Dietitian	City, State, Zip Code	
Health Educator Aitkin County Public Health	County	
((218) 927-7271		
hannah.colby@co.aitkin.mn.us	Primary Contact	
	Phone	
	Email	
chin	Financial Contact	
	Phone	
statewide health 🧧 improvement partnership	Email	
	LITCH	
healthy northland	Information provided in this application may be used for promotional materials. This includes, but is not limited to: fact sheets, Minnesota Department of Health reports, newsletters, social media posts, and media releases. Additional information may be requested by Sherburne County staff; e.g. a release m be requested for individuals in photographs.	night
*Supported by the Statewide Health Improvement Partnership,	statement above.	
Minnesota Department of Health		
	Which project area are you applying under? Select only one. (Your organization may apply for both a MN Well-being grant or one of the following: MN Eats, MN Moves or MN Commercial Tobacco Free grant. If choosing to do so, you must submit a separate application for each project.)	and
	MN Eats MN Moves MN Commercial Tobacco Free (CTF) MN Well-Being	

Community Partner Awards

Contact:

Aitkin County Public Health is offering Community Partner Awards for organizations, neighborhoods, and groups within Aitkin County.

Funding aims to promote social connectedness and health through physical activity, healthy eating, mental well-being, and smoke - free living.

Examples of Previously Funded Projects

- Food shelf support to create increased access to fresh, healthy foods through technical assistance and purchase of supplies to transform their space into a Super Shelf. Read success success story here. See the results here.
- Community gardens throughout the county in neighborhoods, parks, faith based communities and youth organizations. Read success story in Hill City here.
- City of Aitkin Demonstration Project. Read the results here.
- City of Aitkin Master Plan and Concept Map. Read success story here. See the Aitkin City Park Master Plan and Concept Map here.



2024 SHIP Community Partner Awards Budget and Order Form

SHIP Community Partner Awards Financial Guidance 2024



SHIP STORY MAP

The Statewide Health Improvement Partnership (SHIP) creates wellness across Minnesota's communities through community-driven, evidence-based, and equity-focused programs that tackle the root causes of chronic diseases.

The image above and the link below will take you to the storymap to explore work across Minnesota.

We are SHIP

Upcoming Events

Cooking Demonstration at the Aitkin Farmers Market - Saturday, July 13th!

Starting at 11 AM you can watch a demonstration led by Jodi Nordlund from the University of Minnesota Extension.

Learn how to boost your gut health with nutrition. You will have an opportunity to try a sample and go home with local produce to make the recipe.

<u>PDF</u>



STAY Walk, Run & Rally Saturday, July 20th! A Community Event to Prevent Suicide

This event will take place at the Aitkin County Fairgrounds from 8:30 AM-1:00 PM

See the flyer for more details about the event.

<u>PDF</u>



Public Health's Health Equity Data Analysis on Well - Being We need your Input!

Many factors determine mental health and mental health stressors. Through data and research, we have found that women in Aitkin County, ages 35-44, are in need of increased mental health support. Aitkin County Public Health needs your input to determine the areas that you feel influence women's mental health the most. This will help us determine where to put the most



effort in our community. Click on the link below.

Please check the top 3 areas you feel influence women's mental health the most.

https://forms.gle/QWo1SdX5oivk9LFa8



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